

**Write Down the Dialogue**

Write down the dialogue by listening to the audio file  
(see link/QR code below the dialogue).

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[Listen to the Dialogue](#)



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Solutions: Hello Sarah. How are you? / Hey David. I'm great, just got off work. How about you? / I'm okay, I have been really stressed lately and not getting a lot of sleep. / I'm sorry to hear that. Why are you stressed? / Mostly work and school. Just a lot of things to do and not enough time. / Working and studying is definitely a lot. Don't forget to also take some time for yourself. / That's good advice. I will as soon as work slows down a bit. / Can I help you with some of your school work? / No, don't worry about it. It's just a stressful period right now. / How about we get together and do something to cheer you up this weekend? / That would be very nice. Maybe we could go to the pool? Thank you, Sarah. / Of course! That's what friends are for.